



ALAMEEN
PRIMARY SCHOOL

PSHE Education

CURRICULUM
POLICY

IN THE FOOTSTEPS OF
MUHAMMAD



In the name of Allah, The Beneficent, The Merciful

الرَّاحِمُونَ يَرْحَمُهُمُ الرَّحْمَنُ اَرْحَمُوا مَنْ فِي الْاَرْضِ يَرْحَمَكُمُ مَنْ فِي السَّمَاءِ

The merciful will be shown mercy by the Most Merciful. Be merciful to those on the earth and the One in the heavens will have mercy upon you (Tirmidhi)

Introduction

This policy outlines the teaching, organisation and management of PSHE taught and learnt at Al Ameen Primary School.

The policy has been drawn up with the full agreement of the Governing Body. The implementation of this policy is the responsibility of all teaching staff. The responsibility for monitoring and review rests with the senior leadership team.

Purpose of Study

At Al Ameen Primary School, we believe that PSHE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens.

Aims

Our curriculum for PSHE Education and Citizenship aims to:

- Promote the spiritual, moral, cultural, mental and physical development of all pupils
- Prepare pupils for the opportunities, responsibilities and experiences of later life
- Encourage pupils to value themselves and others
- Allow pupils to acknowledge and appreciate difference and diversity
- Teach pupils how to make informed choices
- Prepare pupils to be positive and active members of a democratic society
- Teach pupils to understand what constitutes a safe and healthy lifestyle
- Promote safety in forming and maintaining relationships
- Provide pupils with a toolkit for understanding and managing their emotions
- Help pupils to identify the characteristics of healthy relationships, how relationships may affect mental and physical health; and how to stay safe online
- Help pupils develop feelings of self-respect, confidence and empathy
- Develop pupils' understanding of financial responsibility and how to make informed choices relating to expenditure

Delivery of PSHE Education and Citizenship

Many aspects of PSHE Education and Citizenship are taught in a cross curricular fashion, often during class discussions and assemblies. In addition to this, we have formal lessons of PSHE Education and Citizenship.

Intent

At Al Ameen Primary School, the intent of our PSHE curriculum is to deliver a curriculum which is accessible to all, and that will maximise the outcomes for every child, so that they **know more, remember more and understand more**. PSHE is embedded in all that we do to enable our children to become **independent, responsible, healthy and confident members of society**. Our PSHE curriculum has been built with the aim to support the development of the 'whole child', by helping them to understand how they are developing personally and socially as well as promoting their social, mental and physical development. Children will be able to develop the ability to tackle the moral, social and cultural issues that are part of growing up. Through our discreet lessons as well as wider cross curricular approach to teaching PSHE, children are taught how to **keep themselves safe, physically and emotionally resulting in the acquisition of knowledge and skills, which enables children to access the wider curriculum**. We provide our children with opportunities for them to learn about **rights and responsibilities and appreciate what it means to be a member of a diverse society**. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Implementation

Our PSHE programme is an integral part of our whole school PSHE education provision and is designed to meet the unique needs of pupils, not only through the LCP PSHE and Citizenship Scheme of Work, but through our wider PSHE curriculum offer.

LCP uses open learning activities which suit the ethos of PSHE in our school. All learning activities used in the LCP scheme of work allow opportunities for discussion and debate. Open learning activities provide an **opportunity for children to develop their skills, knowledge and understanding and attitudes**.

Our wider provision of PSHE promotes opportunities to link British Values and Social, Moral, Spiritual and Cultural (SMSC) responsibilities. Along with our broad and balanced curriculum, there are overlaps with other subjects, for example Computing (E-safety), Science (recycling), PE (leading healthy active lives). Therefore, flexibility in the timetable needs to be accounted for, as objectives for PSHE education will be met outside of the allocated timetable slot.

Flexibility in the timetable is also important to allow us to **respond to local/national/global events** that may occur and allow us to respond to any such event in an age appropriate way. The distribution of lessons complements key campaigns throughout the year, such as; **Anti-Bullying Week, Black History Month, Mental Health Week, etc.**

Impact

At Al Ameen, our PSHE curriculum will ensure that **children will be equipped to support their decision making in regards to their wellbeing, health and relationships**.

Children will start their journey with us treating each other with **kindness and respect**. Our embedded whole school vision to nurture children's spiritual, moral, social and cultural development supports them to **foster good relationships between all in line with the protected characteristics under the Equality Act 2010**. Our curriculum allows children to build upon their understanding of British Values in an age appropriate way, in order for them to become positive citizens in a forever changing community and ultimately preparing them for life and work in modern Britain.

Ultimately, our overarching aims and objectives in supporting our children to become **healthy and responsible members of society, enables pupils to develop the ability to collaborate, build upon their emotional security, improve concentration due to a focus on their wellbeing as well as ensuring children are self-reliant with an understanding of self-care and nutrition**. We aim for children to end their journey moving onto the next stage of their education with **self-confidence and a high sense of self-worth**.

To assess pupils' progress in PSHE we:

- Gather evidence of what individual pupils know, understand and can do in PSHE by observing them at work, listening to and discussing with them, and evaluating any work they produce.

To teach PSHE we have a range of resources

Currently, we use the LCP scheme of work and the AMS Relationships scheme of work to aid the planning of lessons. Topics from this scheme of work are used to help teachers plan lessons for PSHE. Long term, mid-term and short term plans are used to ensure that there is a strategic approach to coverage of the various topics. This policy also includes a progression map of PSHE taught at our school from the early years to the end of KS2.

Teaching first aid has been made compulsory for state funded schools. Although this isn't a requirement for us, we understand the importance of basic first aid for children and have had it as part of our curriculum previously and continue to do so, now also introducing aspects in Key Stage 1. We use the resources provided by The Red Cross and also St Johns Ambulance to teach first aid.

To monitor and evaluate PSHE the senior leadership team:

- Supports teachers via co-planning, team teaching, observing / giving feedback
- Monitors teachers' medium term planning
- Reviews resource provision
- Discusses amongst itself this policy and if any improvements can be made

PSHE & Citizenship at Key Stage 1

During Key Stage 1 pupils learn about themselves as developing individuals and as members of their communities, building on their own experiences and on the early learning goals for personal, social and emotional development.

At this stage, in their studies in PSHE & Citizenship, children acquire a set of life skills that will help them to be safe, happy and active citizens. They learn to:

- take and share responsibility (for their own behaviour; by helping to make classroom rules and following them; and by looking after pets well);
- feel positive about themselves (by having their achievements recognised and by being given positive feedback);
- take part in discussions (talking about topics of school, local and national concern);
- make real choices (between healthy options in school meals, what games to play and how to spend and save money sensibly);
- meet and talk with people (outside visitors such as religious leaders, police officers and the school nurse);
- develop relationships through work and play (by sharing equipment with other pupils, or their friends, in a group task);
- consider social and moral dilemmas that they come across in everyday life (aggressive behaviour, questions of fairness, right and wrong, use of money and simple environmental issues);
- ask for help (from family and friends, midday supervisors, older pupils and the police).

PSHE & Citizenship at Key Stage 2

During Key Stage 2 children become aware of themselves as developing individuals and as members of their communities. Physical changes and growing maturity and self-confidence provide opportunities for greater freedom and independence. Horizons are gradually lifted beyond the immediate vicinity, as they become knowledgeable of a wider world beyond.

In school, and the local community, there are opportunities for pupils to make a more significant contribution. As they pass through this stage, they can be encouraged to:

- make informed choices;
- assume greater personal responsibility;
- develop a sense of right and wrong;
- recognise the importance of developing effective relationships with those around them;
- become more fully engaged in school and outside activities;
- learn about how the local community functions and those who enable it to do so;
- find out more about those who rule us and the institutions through which they do so;
- become aware of the wider national and global community

In the context of a whole-school approach, PSHE & Citizenship education helps children to develop the personal qualities and characteristics that they need to flourish as individuals, family members and members of their communities. It:

- contributes to their personal development by boosting their confidence, resilience and self-esteem;
- provides them with the knowledge, skills and understanding necessary for them to live healthy, safe and responsible lives;
- enables them to understand what influences their decisions, to identify and manage risk, and to understand the importance of making sound choices regarding their careers and economic well-being;
- helps to clarify their personal opinions, ideas and values by exploring the sometimes complex attitudes, ideas and values of other people, not just in Britain, but around the world.

	Key Stage 1		Lower Key Stage 2		Upper Key Stage 2	
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Term 1a	Who am I?	Communities	Who am I? Choices	Rules and laws	Right and wrong	Rights, respect and responsibilities
Term 1b					Life in Britain	Democracy
Term 2a	Choices	Rights, respect and responsibilities	Health and hygiene	Choices		
Term 2b	Relationships	Relationships	Relationships	Relationships	Relationships	Relationships
Term 3a	Right and wrong	Rules	Communities	Mental health and emotional well-being	Living in a global community	Building a future: the world of work
Term 3b		Health & Hygiene				Building a future: money management
First Aid	What is first aid? Calling 999 (Red Cross)	Coping skills Calling 999 (Red Cross)	Bites and stings (SJA) Calling 999	Asthma (SJA) Calling 999	Bleeding (SJA) Calling 999	Choking (SJA) Basic life support (SJA) Calling 999